



# Therapeutic Recreation

# Talk of the Town

Inside this issue:		
North Pole Experience	1	
Classes	2	
Sports	3-4	
Friday Night Socials	5-6	
Registration Form	7	

Due to growing interest and limited space, our Special Olympics sports and socials and classes are filling up fast. Don't miss out! Register early!

#### **Starting dates:**

March 26– Therapeutic Spring Bowling

March 26—Adventure Club

March 31—Cooking

April 20—Skills in Action

Come out and play sports with us or look for other great classes being offered.

#### IN THE NEWS...

#### Feds Boost Spending On Special Ed, Disability Programs

A tweak to federal law is poised to greatly expand choice and speed up availability of accounts allowing people with disabilities to save money without risking their government benefits.

Tucked inside a tax bill approved by lawmakers last month is a provision that will permit individuals with disabilities to open new accounts established under the Achieving a Better Life Experience, or ABLE, Act in any state, regardless of where they reside.

The change means that people with disabilities across the country will be able to open ABLE accounts when the first state programs are up and running, which could happen as soon as February or March, advocates say.

With the new accounts, people with disabilities will for the first time be able to accrue up to \$100,000 in savings without losing access to Social Security and other government benefits. Medicaid coverage will remain intact no matter how much money is saved in an individual's ABLE account.

Despite federal <u>passage</u> of the ABLE Act in 2014, states had to approve their own legislation and develop mechanisms to regulate and administer the new accounts before letting consumers take advantage. So far, 35 states have approved such legislation, advocates say, but some are farther along than others in implementing programs.

"Some of the smaller states don't have the capacity to create an ABLE program so this will allow more people with disabilities to access ABLE accounts and access ABLE accounts faster," said Sara Hart Weir, president of the National Down Syndrome Society.

Without the recent legislative change, individuals with disabilities would have been limited by the timetable and specific offerings in their state. Now, families will be able to shop around to find the state program that best suits their needs and the availability of many options should promote competition among states to make their programs attractive, according to Chris Rodriguez of the National Disability Institute.

It's likely that each state ABLE program will only work with one or a handful

(Continued on page 3)

#### Therapeutic Recreation Team

**Therapeutic Recreation Coordinator I:** Collette Prather, CTRS, (480) 782-2709, collette.prather@chandleraz.gov

Recreation Staff: Travis Anderson, Brittany Ayers, Tyller Ayers, Ethan Baker, Robert Crippen, Logann Gregg, Jacob Harris, Kris Jacobs, Robin Lund, Hannah McWilliams, Sarah Mezo, Scott Nasser, Austin Rector, Shelby Schicatano, Jody Shagena, Erica Soto, Angela Soto, and Andrew Wiemers

# Therapeutic Horseback Riding

Riders will learn a new level of freedom and movement while improving self-esteem and socialization. They will benefit physically, emotionally and mentally. Riders will also learn to care for the horse while riding. This program is specifically designed for children, teens and adults with disabilities.

Registration Code: #3TR003 Mondays, March 21– May 23 6:00-7:00 pm

Location: Valley Silver Bullets- 43757 N Coyote Rd. San Tan Valley, AZ 85140

Resident fee: \$42 Non-resident fee: \$57 There is also a \$150 supply fee due the first night to the

instructor. Athletes must also have a current medical release on file.



# THERAPEUTIC SKILLS IN ACTION

Come learn some daily living skills and socialize with friends. Learn about healthy habits, explore riding the bus or scheduling Dial A Ride. Students will be introduced to independent living skills including money management. This class is designed for individuals with disabilities.

Registration code #3TR004 Wednesdays. April 20– May 18 7:00pm-8:00pm

Class Location: Chandler Senior Center Game Room

202 E. Boston St.

Resident Fee: \$20, Non-resident fee: \$27 Ages 12 and older

**VOLUNTEERS ARE WELCOME TOO!** 

# **Therapeutic Adventure Club**

Have fun going fishing and hiking during the spring months and get some exercise too. No prior experience is necessary. A description of each week's adventures will be distributed on the first day. Make sure to wear comfortable clothing and athletic shoes and bring a bottle of water!

Registration Code: #3TR001 Saturdays, March 26 - April 30 No Class on April 9 Ages 14 and older 6-9:00 am

Depart from: Chandler Senior Center Parking lot 202 E. Boston St.

Resident Fee: \$21, Non-resident Fee: \$35





# Therapeutic Cooking

Cooking can be fun for everyone. This class will teach some simple skills and recipes that can be used at home. Each week, you will learn something new. This program is designed for individuals with disabilities.

Registration Code:3TR002
Thursdays, March 31– April 28
5:30pm-7:00pm

Tumbleweed Recreation Center Kitchen Resident fee: \$30, Non-resident fee: \$41 Ages 14 and older



# Therapeutic Zumba

Get some exercise and have fun while dancing to music! Whether you are an experienced dancer or just want to move around, this class guarantees lots of fun! No dance or exercise experience necessary. Make sure to wear comfortable clothing and athletic shoes and bring a water bottle!

Registration code #3TR005 Wednesdays April 20– May 18 6:00-6:45 pm Location: Senior Center Multipurpose Room 202 E. Boston St. Resident fee: \$20, Non-resident fee: \$27 Ages 14 and older

#### **CAMP CHALLENGE**

Registration material will be available on our website after March 15. The website to find information will be chandleraz.gov/therapeutic

#### **REGISTRATION NIGHTS**

Residents only—April 6, 2016 Non-residents and all others—April 13, 2016

Only complete registration packets will be accepted.

All participants will also need a completed registration packet including photos and permission slips. Registration packets without <u>all</u> registration materials will NOT be accepted. Registration packets will NOT be accepted thru the mail prior to opening of registration.

DES Funded—Start talking to your case manager now if you would like to have DDD pay for the Day Treatment Summer program. They will provide you with a DES form that includes 1-2 summer goals appropriate for a summer camp program. This form will need to be signed by the program coordinator and returned to your case manager before you are accepted.

**Private Pay**—There is also an option to be private pay. Resident: \$275, Non-resident \$372

#### THERAPEUTIC SPORTS

#### Therapeutic Spring Bowling

Spring is hoppin' and the bowling alley is the place to be. Come bowl for fun this spring with just two games and shoes. This season will be six weeks just for fun! This program is deigned for individuals with disabilities.

Registration Code: 3TR006
Saturdays March 26-April 23
9:30am–Noon
Chandler AMF Bowling Center
1900 N. Arizona Ave
Resident Fee: \$20, Non-resident Fee: \$27
All registration fees paid by RAD
Ages 16 and older

Bowling Fee: \$5/Week and \$1 absent fee

Did you check to make sure you have a current physical and release form on file? Current forms can be found at www.chandleraz.gov/therapeutic.

# Medical release for all sports

Every athlete who wishes to participate in therapeutic sports in Chandler must have a medical release form on file in the Therapeutic Recreation office by the first night of practice. The medicals are good for three years. Please be sure to check whether or not yours is current when you register.

There is a form on our website to use for Medicals.

Forms can be found at chandleraz.gov/therapeutic.

There is a new medical/photo release that we need <u>every athlete or parent</u> to sign. Parents, please come to the first night of practice for all sports to be sure paperwork is signed.

#### THERAPEUTIC ADULT SUMMER BOWLING

Cool off from the heat, bowl with friends and be part of a team. This program is for everyone and can be modified to meet anyone's needs. This bowling program will include three games and shoes. The season is twelve weeks and concludes with a party on the last day.

Registration Code: 3TR007

AMF Bowling Center

1900 N Arizona Ave

Saturdays, May 21– August 6

Resident Fee: \$20, Non-resident Fee: \$27

All registration fees paid by RAD

Ages 16 and older

Bowling Fee: \$7/Week and \$1 absent fee

#### UNIFIED SPORTS PARTNERS

ARE YOU A FAMILY MEMBER,, COMMUNITY MEMBER, VOLUNTEERS, CAREGIVER AND YOU WOULD LIKE TO PLAY ON ONE OF THE SPORTS TEAMS? THERE IS NO CHARGE BUT PLEASE REGISTER BEFORE THE SPORT BEGINS. WE LOVE OUR VOLUNTEERS AND HOPE YOU WILL CONTINUE TO PLAY FOR A LONG TIME.

(Continued from page 1)

of financial institutions and fees may vary, so enabling families to access programs across state lines will dramatically increase their options, Rodriguez said.

Some states are already working to encourage residents to utilize in-state accounts by offering tax incentives, he said.

"It's a pretty exciting development," Rodriguez said of the federal provision allowing consumers to access accounts originating in any state. "I know it's shaking things up. Some of the states are looking to quicken their development and others are sitting back and looking at whether they need to build a program."

Ohio, Florida, Virginia and Nebraska are widely expected to be among the first to make ABLE programs available. Accounts are likely to be created and administered through dedicated state websites, advocates say.

To be eligible for an ABLE account, an individual must have a disability that originated before the age of 26.

Funds in the accounts can be used to pay for education, health care, transportation, housing and other expenses. Interest earned on savings in the accounts will be tax-free.

# ACTIVITY, TRIP, SPECIAL OLYMPICS AND CLASS CANCELLATION AND WAITING LIST INFORMATION

#### **Cancellation & Refunds**

• All cancellations must be made in person or by telephone 24 hours in advance (weekends not included) of the trip or activity to receive a refund. When refunds are processed, credit or debit cards will be refunded within 3-4 days. Check refunds will take up to two weeks.

#### **Waiting List**

• Our therapeutic recreation classes are becoming more popular. A waiting list will be started if a class/sport reaches capacity. Be sure to sign up early if you want to participate in our great classes, sports, and socials.

#### DROP OFF/PICK UPS

Do you love our socials, outings, sports and classes? We do too! However, we need your help. Please be courteous and do not show up more than 15 minutes early and be sure to pick up on time. Staff will not be arriving at an activity more than 15 minutes before the designated sport/activity time.

#### PLEASE REGISTER!

Going forward, we need to have all athletes registered before classes, socials or sports begin. This will help ensure updates get out to all, registration fees are paid correctly by RAD, registrations are completed accurately for sports and more. Please be sure to always register before the start of programs. Codes for events are back. Be sure to include your code on the registration form.

Be sure and sign up for the many upcoming sports. Rosters are filling fast. We need you to sign up before you miss out!

#### RAD CORNER

**Upcoming Board Meetings** 

RAD needs your help on the board of directors and other committees as well. Come to a board meeting today! Call for the 2016 dates

#### A "RAD" Scholarship!

Apply today for the chance to go on one of our upcoming trips, such as Camp Carley or Disneyland! If you've always wanted to go but find that it just doesn't fit the budget, apply for this scholarship or mention it to a staff member. Scholarships are also available for shoes, work items, etc.

#### **Donation to Working Poor Tax Credit**

Make your donation today to RAD and help your taxes too. Visit supportrad.com and donate online.



#### PICTURES FROM THE PAST QUARTER

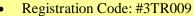


# Friday Night Social Club

#### MARCH SCHEDULE OF EVENTS

#### Friday, March 11, 2016—"Dream to be Green" Dance

Come dance to the beat of an Irish drum and wear your green!! We will have green games, green dances and green drinks. Come enjoy the night with us.



- Cost: \$3 Residents, \$5 non-residents and pre-registration is strongly encouraged.
- Caregivers and staff members do NOT need to register for this.
- All registration at the door will be \$5
- Ages 16 and older
- Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 6:30 pm/Pick-up time: 8:30 pm

#### Saturday, March 26, 2016—Picnic Dinner & Campfire at Estrella Mtn. Regional Park

Bring your own sack dinner to eat outdoors, hike for a short time and then enjoy a campfire with the rangers and the community out in nature before the weather gets too hot. The evening theme is: Dr. Seuss



- Registration Code: #3TR010
- Cost: \$3 Residents, \$5 Non-residents, pre-registration required.
- Staff members do not need to register if you wish to drive
- Ages 16 and older
- Drop off Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 5:00 pm/ Pick-up time: 10 pm

#### APRIL SCHEDULE OF EVENTS

#### Friday, April 15, 2016—Decades Dance

It's time to dig through your closet and get out those clothes from decades past. Come in poodle skirts, hippee attire, bell bottoms, bright 80's look or anything from the years gone by. This is a dance for all decades and styles. Come dance to all eras of music with friends.



- Registration Code: #3TR008
- Cost: FREE Please pre-register.
- Staff members and caregivers do NOT need to register for this.
- Ages 16 and older
- Location: Chandler Community Center—125 E. Commonwealth Ave, Chandler
- Drop-off time: 6:30 pm/Pick-up time: 9:00 pm

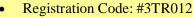
#### Friday, April 22, 2016—Sprout Film Festival

- The Sprout Film Festival's mission is to inspire audiences, promote inclusion and support transformative filmmaking as an integral part of social change. This unique event, which focuses exclusively on films that celebrate the diverse lives and creativity of people with disabilities, strives to challenge assumptions, break down stereotypes, promote greater acceptance, celebrate difference and light the spark to help make the invisible, visible.
- Registration Code: #3TR011
- Cost: \$5 Residents, \$7 Non-Residents. Must be paid in advance.
- Staff members and caregivers do need to register for this.
- Ages 16 and older
- Drop off/Pick up Location: Pollack Theaters—1825 E. Elliot Rd., Tempe
- Drop-off time: 6:45 pm/Pick up time: 8:45 pm

#### APRIL—MAY SCHEDULE OF EVENTS

#### Friday, April 29, 2016 — Spring BBQ & Kickball Game

It's time to BBQ, enjoy the weather, listen to music, play sports and enjoy being outside before it gets too hot. Come share some food. We will provide the meat; we ask others to bring sides and dessert.





- Cost: Free, but please pre-register
- Staff members and caregivers do NOT need to register for this
- Ages 16 and older
- Bring something to share...Last names A-L side dishes, M-Z desserts.
- Location: Desert Breeze Park Mesquite Pavilion—660 N. Desert Breeze Blvd E. Chandler
- Drop-off time: 6 pm/ Pick-up time: 8 pm

#### Friday, May 20, 2016—Main Event

Party at the Main Event. This will include bowling, laser tag, billiards and pizza with a medium soda. A \$10 fun card for games is also included. If you wish to play more video games, you will need to bring your own money.



- Registration Code: #3TR013
- Cost: \$21 Residents, \$29 Non-Residents
  - Staff and caregivers do NOT need to register for this.
- Ages 16 and older
- Drop off location: Chandler Senior Center
- Drop-off time: 5:30 pm/ Pick-up time: 10:00 pm

#### FAMILY EVENTS COMING UP...MARK YOUR CALENDARS

#### ANNUAL AWARDS BANQUET

Friday, June 3, 2016 6-8:30 pm Chandler Community Center

#### RAD ANNUAL SWIM PARTY

Saturday, June 18, 2016 Hamilton Aquatic Center 6:30-9 pm

All family members are encouraged to attend these events.

More details and registration about these two great events will be in the May newsletter.



Chandler, AZ 85244-4008

# City of Chandler Parks and Recrea**ti**on Division Therapeutic Activity Registration Form

The City of Chandler Therapeutic Recreation program offers a 1:8 ratio or better of staff/volunteer to participants at each event. If you require more assistance, you are encouraged to provide your own caregiver. Caregivers <u>must</u> register on a separate registration form for each event they attend.

Name	Additional Attendees		
Address		City	Zip
Best Contact #	Email address		
Parent Name	Emergency Phone#	Birthdate	
Allergy information (If any):			
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:		Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:		Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
		Т	otal Enclosed:
Form of Payment:			
CashCheck #			
Credit Cards are no longer accepted	I on wri <b>tt</b> en forms. They are only accepted	when registra <b>ti</b> on tak	es place in person.
	HOLD HARMLESS AGREEMEN	Т	
	er does not carry accident insurance for the or injuries sustained during my participation he City of Chandler.		
Parent, legal guardian, prov	ider or participant (if over 18)	Date	
	Please return registration form		
Mail to: Chandler Parks and Recreation		Walk in: Chandler Senio	r Center
Attention: Therapeutic Recreation Progr Mail Stop 501, PO Box 4008	am	202 East Bosto Chandler, AZ 8	n Street

Fax number: 480-782-2725

E-mail: Loretta.colson@chandleraz.gov or collette.prather@chandleraz.gov

Check out the new online system...chandleraz.gov/registration...it's easy, free and paperless.



CITY OF CHANDLER Community and Neighborhood Services Department Mail Stop 501, P.O. Box 4008 Chandler, AZ 85244-4008



PRESORTED STANDARD U.S. POSTAGE PAID CHANDLER, AZ PERMIT NO.1

# City of Chandler Parks and Recreation Division Therapeutic Recreation Program Calendar of Events March—May 2016

Check out the calendar online!

http://www.chandleraz.gov/the rapeutic

**Upcoming FNSC Events (ages 16+)** 

March 11—"Dream to be Green" Dance March 26 —Picnic Dinner & Campfire at Estrella Mtn. Regional Park



April 29 — Spring BBQ & Kickball Game May 20-Main Event





April 15—Decades Dance
April 22—Sprout Film Festival

More fun things to come!





# City of Chandler Parks and Recreation Division Therapeutic Recreation Program Calendar of Events March—May 2016

Check out the calendar online!

http://www.chandleraz.gov/the rapeutic

**Upcoming FNSC Events (ages 16+)** 

March 11—"Dream to be Green" Dance March 26—Picnic Dinner & Campfire at Estrella Mtn. Regional Park



April 29 —Spring BBQ & Kickball Game May 20-Main Event





April 15—Decades Dance April 22—Sprout Film Festival More fun things to come!